

CAMPEONATO PANAMERICANO DE POWERLIFTING 2011

Fecha: 18 August 2011

Division	APELLIDO Y NOMBRE		PESO weigh	SQUATS			BENCH PRESS			DEADLIFT			TOTAL	COEF.
	LIFTER 'S NAMES	Nacion		1°	2°	3°	1°	2°	3°	1°	2°	3°		
<u>43 kg</u>														
Sub	Rosmary Coello/94	Ecu	42,8	60,0	70,0	.	25,0	30,0	35,0	60,0	-70,0	-70,0	165,0	236,58
<u>47 kg</u>														
Open	Frankmary Duno/87	Ven	46,7	120,0	130,0	142,5	67,5	75,0	81,0	100,0	112,5	125,0	348,5	471,59
Open	Vallinoto Diana/86	Arg	44,8	90,0	95,0	100,0	45,0	50,0	55,0	100,0	110,0	-125,0	265,0	368,62
Jun	Shirley Pinargote/91	Ecu	45,8	90,0	105,0	115,0	30,0	35,0	40,0	100,0	115,0	-125,0	270,0	369,87
<u>52 kg</u>														
Open	Mailebis Oquendo/87	Ven	51,8	160,0	167,5	175,0	85,0	90,0	-92,5	170,0	-180,0	180,0	445,0	556,43
Open	Ismary Rojas/80	Ven	51,4	145,0	-155,0	160,0	70,0	77,5	82,5	155,0	167,5	172,5	415,0	521,99
Open	Juanita Najera/81	Usa	51,8	130,0	137,5	142,5	82,5	90,0	92,5	155,0	165,0	-170,0	400,0	500,16
<u>57 kg</u>														
Open	Adriana Cuta/86	Ven	56,7	175,0	182,5	187,5	90,0	97,5	102,5	180,0	192,5	202,5	492,5	573,86
Open	Vilma Ochoa/80	Ecu	54,6	190,0	197,5	202,5	-95,0	-95,0	95,0	170,0	180,0	-192,5	477,5	573,10
Open	Irani Rodrigues Barbosa/86	Brazil	56,3	172,5	-182,5	190,0	95,0	102,5	110,0	152,5	162,5	170,0	470,0	550,70
Jun	Silmara Cunha Silva/89	Brazil	55,7	147,5	155,0	-160,0	80,0	85,0	-90,0	135,0	142,5	150,0	390,0	460,82
M1	Lisett Buriel/71	Ven	56,3	175,0	182,5	190,0	95,0	102,5	107,5	175,0	187,5	192,5	490,0	574,13
M1	RIVERA P. ROGELIA/68	Peru	56,6	-130,0	130,0	145,0	75,0	82,5	-85,0	125,0	135,0	-137,5	362,5	422,97
M1	Zeballos Ines/70	Arg	55,3	100,0	-120,0	120,0	70,0	75,0	-80,0	130,0	-150,0	-150,0	325,0	386,20

63 kg

Open	Yenifer Canelón/87	Ven	63,0	180,0	190,0	-200,0	100,0	110,0	117,5	-185,0	195,0	-207,5	502,5	539,69
Open	Cícera Tavares/76	Brazil	60,4	180,0	-190,0	-190,0	80,0	82,5	85,0	180,0	-187,5	187,5	452,5	501,91
Open	Carmen Perez/86	Ecu	61,6	-165,0	-170,0	170,0	77,5	82,5	85,0	145,0	155,0	160,0	415,0	453,39
Jun	Mery Jativa/91	Ecu	61,3	130,0	140,0	150,0	50,0	57,5	60,0	115,0	125,0	135,0	345,0	378,33
M1	Eva Barilari/70	Brazil	61,6	130,0	140,0	-150,0	-60,0	60,0	67,5	120,0	130,0	140,0	347,5	380,13
M1	Yalile Moreira/63	Ecu	62,4	-130,0	-130,0	130,0	50,0	-55,0	55,0	115,0	120,0	125,0	310,0	335,36

72 kg

Open	Ana Rosa Castellain/85	Brazil	67,3	207,5	217,5	225,0	-140,0	140,0	152,5	185,0	-200,0	-200,0	562,5	575,33
Open	Judimeire Delago/67	Brazil	71,2	160,0	170,0	-175,0	75,0	82,5	87,5	160,0	170,0	180,0	437,5	430,63
M2	Susana Rodriguez/55	Uru	67,9	135,0	-145,0	-145,0	-80,0	80,0	-82,5	140,0	145,0	150,0	365,0	370,95

84 kg

Open	Karol Jimenez/85	Ven	73,5	185,0	-192,5	192,5	120,0	130,0	137,5	175,0	187,5	195,0	525,0	506,00
Open	Patricia Candido/76	Brazil	78,0	195,0	205,0	-210,0	100,0	105,0	110,0	180,0	190,0	-212,0	505,0	468,79
Open	HERNANDEZ ALICIA/76	Arg	79,5	170,0	-185,0	-185,0	80,0	110,0	-117,5	140,0	150,0	160,0	440,0	404,01
Jun	Malu de Sousa/90	Brazil	72,1	-140,0	140,0	150,0	85,0	90,0	-95,0	145,0	155,0	160,0	400,0	390,04
Jun	Torres, Flavia/89	Arg	81,1	-135,0	-135,0	135,0	37,5	70,0	75,0	130,0	-140,0	-140,0	340,0	308,79

84 kg +

Open	Zita Pérez/79	Ven	97,9	215,0	225,0	232,5	130,0	140,0	147,5	175,0	185,0	195,0	575,0	481,85
Open	Judith Reitmann/67	Uru	85,4	200,0	-215,0	-230,0	112,5	-117,5	120,0	160,0	-170,0		480,0	424,61
Jun	Pong, Claudia/89	Arg	84,2	-135,0	135,0	-140,0	60,0	65,0	72,5	140,0	-160,0	160,0	367,5	327,33
Sub	Kellen Larissa de Souza/93	Brazil	122,2	200,0	-215,0	215,0	100,0	115,0	122,5	130,0	150,0	-160,0	487,5	388,64

Mejor Atleta Open

1	Ana Rosa Castellani	Brasil	575,3
2	Adriana Cuta	Ven	573,9
3	Vilma Ochoa	Ecu	573,1

Mejor Atleta Master 1

1	Liset buriel	Ven	574,1
2	Rojelia Rivera	Peru	423,0
3	Ines Zeballos	Arg	386,2

Mejor Atleta Master 2

1	Susana Rodriguez	Uru	
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Mejor Atleta Junior

1	Silmara Silva	Jun	460,0
2	Malu de Sousa	Brasil	390,0
3	Meri Jativa	Ecu	378,0

Mejor Atleta Subjunior

1	Kellen de Sousa	Brasil	388,0
2	Rosmary Coello	Ecu	236,0

Mejor Equipo Open

Venezuela	72,0
Brasil	47,0
Ecuador	17,0
Argentina	17,0
Uruguay	9,0
Usa	8,0

Mejor Equipo Master

Venezuela	12,0
Brasil	12,0
Uruguay	12,0
Peru	9,0
Ecuador	9,0
Argentina	8,0

Mejor Equipo Junior

Brasil	36,0
Ecuador	36,0
Argentina	21,0

CAMPEONATO PANAMERICANO DE POWERLIFTING 2011

Fecha: 17 AL 20 DE AGOSTO

Cat	APELLIDO Y NOMBRE	Nacion	PESO	SQUATS			BENCH PRESS			DEADLIFT			TOTAL	COEF.
	LIFTER 'S NAMES	Nacion	weigth	1°	2°	3°	1°	2°	3°	1°	2°	3°		
	<u>53 kg</u>													
Jun	Angel Chávez/90	Ecu	52,6	155,0	165,0	175,0	50,0	60,0	67,5	-155,0	155,0	-170,0	397,5	385,4
	<u>59 kg</u>													
Open	Carlos García/80	Ven	57,5	230,0	237,5	245,0	155,0	162,5	167,5	225,0	235,0	245,0	657,5	584,5
Open	Franklin León/83	Ecu	58,9	225,0	240,0	247,5	157,5	165,0	170,0	210,0	220,0	-232,5	637,5	553,9
Open	Patrick Cuba Delgado/87	Peru	59,0	180,0	205,0	-225,0	117,5	130,0	-140,0	180,0	195,0	205,0	540,0	467,7
Jun	Anfora Rodrigo A/88	Arg	59,0	-160,0	160,0	-170,0	100,0	-105,0	110,0	185,0	-195,0	195,0	465,0	402,8
M1	Ieso Nagata/70	Brazil	56,9	-190,0	190,0	-195,0	115,0	-122,5	-122,5	-195,0	200,0	205,0	510,0	457,9
M4	Sardinez Oscar/40	Arg	56,1	-140,0	140,0	-167,5	35,0	0,0	0,0	-150,0	150,0	157,5	332,5	302,2

66 kg

Open	Eric Oishi/79	Brazil	65,4	275,0	290,0	300,0	175,0	-182,5	185,0	255,0	265,0	-270,0	750,0	593,3
Open	Lenin La Rosa/85	Ven	66,0	245,0	262,5	272,5	175,0	-185,0	185,0	245,0	260,0	267,5	725,0	570,0
Open	Villagra Sebastian/86	Arg	65,0	255,0	-265,0	-265,0	-175,0	175,0	182,5	-240,0	240,0	-250,0	677,5	538,7
Open	André Garcia/82	Brazil	65,9	235,0	-245,0	245,0	175,0	182,5	-187,5	220,0	227,5	-252,5	655,0	515,6
Open	Gabriel Quispe Loayza/81	Peru	65,3	-232,5	232,5	-245,0	-147,5	147,5	-155,0	215,0	-227,5	-230,0	595,0	471,4
Open	Pascual Ricardo/73	Arg	61,2	160,0	170,0	180,0	135,0	140,0	-145,0	-200,0	200,0	-210,0	520,0	435,7
Jun	Alex Ochoa/90	Ecu	65,0	205,0	220,0	232,5	125,0	132,5	140,0	205,0	220,0	230,0	602,5	479,1
Jun	Eduardo Mosquera/89	Ecu	64,9	207,5	225,0	-230,0	132,5	140,0	147,5	200,0	-215,0	-230,0	572,5	456,5
Jun	Guilherme Moreno Gadeas/89	Brazil	64,1	200,0	-207,5	207,5	125,0	140,0	-145,0	-200,0	200,0	220,0	567,5	457,2
Sub	Paulo Guilherme de Campos/94	Brazil	65,7	180,0	195,0	202,5	-120,0	120,0	132,5	175,0	190,0	-195,0	525,0	414,3
M1	Jorge Wanghon/67	Brazil	64,7	180,0	-200,0	200,0	110,0	-120,0	120,0	180,0	200,0	220,0	540,0	431,1
M1	Daniel Decia/70	Uru	63,5	195,0	202,5	-212,5	127,5	132,5	-137,5	185,0	195,0	202,5	537,5	436,0
M1	Pedro Tasaico/65	Peru	65,1	190,0	-200,0	-200,0	125,0	127,5	130,0	190,0	-200,0	200,0	520,0	413,0
M2	Carlos Palombo/56	Uru	65,5	190,0	-200,0	-200,0	110,0	-115,0	115,0	-200,0	200,0	-215,0	505,0	399,0
M2	Gimenez Pablino/60	Arg	63,5	175,0	187,5	195,0	95,0	105,0	110,0	160,0	-175,0	175,0	480,0	389,3
M3	JULIO CESAR CHURA/46	Peru	64,6	100,0	-120,0	120,0	100,0	-120,0	-120,0	135,0	140,0	145,0	365,0	291,7
M4	MATA,JOSE/41	Arg	63,2	120,0	130,0	-140,0	-70,0	75,0	-85,0	140,0	155,0	-170,0	360,0	293,6

74 kg

Open	Rafael Ramos/87	Brazil	73,5	270,0	285,0	-295,0	150,0	-162,5	-165,0	265,0	275,0	-277,5	710,0	513,2
Open	Miguel Curipoma/87	Ecu	72,8	260,0	-275,0	-275,0	155,0	162,5	167,5	260,0	270,0	275,0	702,5	511,3
Open	Oros Omar/87	Arg	72,6	-245,0	-245,0	265,0	170,0	180,0	187,5	230,0	-240,0	245,0	697,5	508,7
Open	Giovanni F. Medina/76	Peru	73,0	-260,0	-260,0	260,0	140,0	-150,0	150,0	250,0	-252,5	-262,5	660,0	479,9
Open	Ariel Arias	Arg	72,5	200,0	210,0	-220,0	-155,0	155,0	-160,0	210,0	225,0	-230,0	590,0	430,7
Jun	Jimenez Diego/89	Arg	73,3	252,5	265,0	-270,0	170,0	180,0	187,5	240,0	247,5	252,5	705,0	510,6
Sub	Marcos Paulo Oliveira/94	Brazil	67,7	165,0	175,0	200,0	90,0	100,0	112,5	195,0	215,0	227,5	540,0	415,4
Sub	BENTANCUR,ALEJANDRO/93	Arg	68,8	145,0	160,0	175,0	90,0	100,0	-105,0	160,0	175,0	-190,0	450,0	341,8
M1	Rivera Pablo/71	Arg	72,7	160,0	170,0	175,0	115,0	120,0	125,0	200,0	-210,0	-210,0	500,0	364,3
M2	João Pedroso da Rocha/57	Brazil	72,9	175,0	177,5	200,0	105,0	-115,0	115,0	170,0	180,0	-185,0	495,0	359,9
M2	Julio Ticona Nieto/59	Peru	73,2	150,0	160,0	-170,0	125,0	132,5	137,5	160,0	170,0	175,0	472,5	342,8
M2	Mario Blanco/59	Uru	66,4	150,0	-167,5	-167,5	80,0	-90,0	-95,0	165,0	172,5	-177,5	402,5	314,5

83 kg

Open	Jaider Espinoza/82	Ven	82,7	330,0	345,0	-352,5	-230,0	230,0	237,5	290,0	-300,0	300,0	882,5	590,3
Open	Marroquin Mauricio/75	Arg	82,0	275,0	290,0	295,0	235,0	245,0	250,0	295,0	-302,5	302,5	847,5	569,9
Open	Marcelo da Silva/84	Brazil	83,0	270,0	280,0	-290,0	220,0	230,0	-237,5	260,0	270,0	-282,5	780,0	520,7
Open	Dammert E. R. Romero/85	Peru	83,0	250,0	-270,0	272,5	-140,0	140,0	-150,0	260,0	-275,0	275,0	687,5	459,3
Open	Jose Castillo/86	Ecu	82,7	325,0	340,0	-355,0	210,0	222,5	-227,5	-290,0	-290,0	-290,0	Desc	Desc
Jun	Miranda Nicolas/91	Arg	81,5	250,0	270,0	-282,5	135,0	-152,5	152,5	270,0	287,5	300,0	722,5	487,6
Jun	Fernando Intriago/88	Ecu	81,3	247,5	-267,5	267,5	180,0	-187,5	-187,5	230,0	245,0	-260,0	692,5	468,1
Jun	Bruno de Vicenzo/88	Brazil	82,2	255,0	-265,0	-265,0	150,0	-165,0	165,0	230,0	-240,0	247,5	667,5	448,2
Jun	Enrique M Sanchez/88	Peru	81,5	235,0	245,0	-255,0	155,0	-165,0	-172,5	190,0	-205,0	-210,0	590,0	398,2
Jun	Pablo Read/89	Uru	82,5	200,0	220,0	-235,0	140,0	150,0	-155,0	-200,0	200,0	-220,0	570,0	381,8
M1	Sandro Ueno/67	Brazil	77,6	-230,0	230,0	250,0	170,0	180,0	185,0	220,0	230,0	-240,0	665,0	463,0
M1	Palomas Miguel/67	Arg	80,6	220,0	230,0	240,0	150,0	160,0	-170,0	220,0	230,0	-240,0	630,0	428,1
M1	Cesar A Bautista/70	Peru	81,2	145,0	165,0	-175,0	130,0	-140,0	-140,0	185,0	210,0	-225,0	505,0	341,6
M3	Olício dos Santos Filho/44	Brazil	82,8	170,0	190,0	215,0	115,0	-125,0	-125,0	260,0	-295,0	-295,0	590,0	394,4
M4	Dan Martin/40	Usa	80,6	105,0	145,0	-210,0	60,0	-75,0	75,0	-175,0	175,0	205,0	425,0	288,8

93 kg

Open	David Coimbra/83	Brazil	91,2	285,0	-305,0	307,5	197,5	210,0	215,0	290,0	310,0	317,5	840,0	532,7
Open	Cabezas Marcos/78	Arg	86,0	-240,0	240,0	250,0	160,0	170,0	-175,0	240,0	-252,5	-252,5	660,0	431,6
Jun	Jorge Prado V. Leite/91	Brazil	86,5	230,0	-255,0	255,0	145,0	155,0	-160,0	230,0	-255,0	-255,0	640,0	417,2
Jun	Gomez Leandro/90	Arg	84,6	200,0	210,0	-235,0	135,0	150,0	-155,0	200,0	-215,0	215,0	575,0	379,6
M1	Castaño Cesar/64	Arg	92,2	210,0	220,0	230,0	80,0	-90,0	90,0	230,0	240,0	250,0	570,0	359,6
M2	Aparecido da Silva/59	Brazil	85,4	220,0	-240,0	240,0	140,0	-155,0	155,0	200,0	215,0	225,0	620,0	407,1
M3	Julio Lezama/49	Uru	92,3	-200,0	-210,0	210,0	125,0	130,0	135,0	230,0	-240,0	0,0	575,0	362,5

105 kg

Open	José Mencias/87	Ven	104,4	330,0	350,0	-360,0	235,0	245,0	250,0	322,5	332,5	340,0	940,0	562,9
Open	Edgard Pérez/81	Ven	103,9	360,0	-372,5	-372,5	255,0	265,0	270,0	280,0	292,5	-302,5	922,5	553,3
Open	Lucero Martin/78	Arg	105,0	305,0	320,0	-325,0	225,0	-235,0	-235,0	300,0	-315,0	-315,0	845,0	505,0
Open	Jefferson Cuaglio/76	Brazil	103,7	320,0	-330,0	330,0	210,0	-225,0	-225,0	270,0	290,0	-305,0	830,0	498,2
Jun	Soria facundo/91	Arg	104,3	280,0	290,0	-300,0	200,0	210,0	-217,5	255,0	265,0	272,5	772,5	462,7
Jun	Edison Santos /88	Ecu	98,8	275,0	285,0	-292,5	195,0	205,0	215,0	245,0	260,0	-270,0	760,0	464,8
Jun	Raul Dantas/91	Brazil	103,5	265,0	285,0	300,0	-170,0	170,0	-200,0	240,0	260,0	-292,5	730,0	438,4
Jun	Agustin Canepa/91	Uru	97,2	250,0	-270,0	-270,0	100,0	0,0	0,0	245,0	260,0	267,5	617,5	380,3
M1	Barrionuevo Enrique/68	Arg	102,2	220,0	240,0	-250,0	-160,0	160,0	175,0	200,0	230,0	-240,0	645,0	389,3
M1	Eduardo Rodriguez/62	Uru	98,8	170,0	-190,0	0,0	130,0	140,0	-145,0	160,0	180,0	0,0	490,0	299,7
M2	Alessio Roberto/58	Arg	103,9	-240,0	250,0	270,0	120,0	150,0	-160,0	235,0	250,0	-270,0	670,0	401,9
M2	Daniel Giacobone	Arg	102,1	220,0	230,0	-240,0	150,0	-155,0	155,0	-220,0	220,0	230,0	615,0	371,3
M3	Bill Helmich/42	Usa	102,4	185,0	195,0	-200,0	130,0	140,0	147,5	235,0	245,0	250,0	592,5	357,3

120 kg

Open	Miguel Pérez/83	Ven	118,5	365,0	390,0	-405,0	220,0	-225,0	-240,0	325,0	340,0	350,0	960,0	553,5
Open	Claudemiro Batista/70 (master)	Brazil	118,9	330,0	345,0	-352,5	170,0	-185,0	190,0	310,0	330,0	-340,0	865,0	498,4
Open	Heber Sena/73	Uru	108,5	275,0	-295,0	297,5	-185,0	190,0	-200,0	275,0	-282,5	282,5	770,0	455,1
Open	Maidana claudio/72	Arg	110,7	-295,0	295,0	-310,0	190,0	-200,0	-202,5	260,0	-270,0	-277,5	745,0	437,6
Jun	Romel Salgado/89	Ecu	112,5	315,0	-330,0	-340,0	185,0	192,5	197,5	240,0	250,0	255,0	767,5	448,7
Jun	Renato Rosa/88	Brazil	116,4	300,0	315,0	-320,0	160,0	170,0	175,0	250,0	-272,5	-280,0	740,0	428,6
M1	Francisco Teles/68	Brazil	109,3	-310,0	310,0	-320,0	165,0	-175,0	180,0	235,0	250,0	262,5	752,5	443,7
M1	GOMEZ, Horacio/63	Arg	113,8	300,0	-315,0	320,0	120,0	135,0	150,0	240,0	-260,0	-285,0	710,0	413,7
M2	Curtis Wainright/54	Usa	117,6	237,5	247,5	257,5	170,0	180,0	185,0	230,0	237,5	242,5	685,0	395,7

120 kg +

Open	Eumenes L. Sousa Junior/72	Brazil	162,6	350,0	-370,0	-380,0	230,0	245,0	-255,0	260,0	280,0	-300,0	875,0	478,5
M1	Julio Cesar Conrado/65	Brazil	122,5	300,0	315,0	-320,0	170,0	-177,5	0,0	230,0	-240,0	0,0	715,0	409,2

Mejor Atleta Open

1	Eric Oishi/79	Brazil	593,3
2	Jaider Espinoza/82	Ven	590,3
3	Carlos García/80	Ven	584,5

Mejor Atleta Junior

1	Jimenez Diego/89	Arg	510,6
2	Miranda Nicolas/91	Arg	487,6
3	Alex Ochoa/90	Ecu	479,1

Mejor Atleta Subjunior

1	Marcos Paulo Oliveira/94	Brazil	415,4
2	Paulo Guilherme de Campos/94	Brazil	414,3
3	Bentancur Alejandro/93	Arg	341,8

Mejor Atleta Master 1

1	Sandro Ueno/67	Brazil	463,0
2	Ieso Nagata/70	Brazil	457,9
3	Francisco Teles/68	Brazil	443,7

Mejor Atleta Master 2

1	Aparecido da Silva/59	Brazil	407,1
2	Alessio Roberto/58	Arg	401,9
3	Carlos Palombo/56	Uru	399,0

Mejor Atleta Master 3

1	Olício dos Santos Filho/44	Brazil	394,4
2	Julio Lezama/49	Uru	362,5
3	Bill Helmich/42	Usa	357,3

Mejor Atleta Master 4

1	Sardinez Oscar/40	Arg	302,2
2	Mata Jose/41	Arg	293,6
3	Dan Martin/40	Usa	288,8

Mejor Equipo Open

Venezuela	66,0
Brasil	65,0
Argentina	49,0
Peru	28,0
Ecuador	18,0

Mejor Equipo Junior

Ecuador	66,0
Argentina	63,0
Brasil	61,0
Uruguay	13,0
Peru	7,0

Mejor Equipo Master

Brasil	72,0
Argentina	72,0
Uruguay	50,0
Peru	37,0
Usa	36,0