



## Top 25 - Agachamento Wilks

Prof.: Diego Fernando

<u>Atleta</u>	<u>Equipe</u>	<u>Ano</u>	<u>Peso</u>	<u>Total</u>	<u>Wilk's</u>	
<u>1</u>	Leandro Maccari	Universe Fitness	<u>2010</u>	65,20	<b>250,0</b>	<b>198,30</b>
<u>2</u>	Thiago Grahl	Associação SBS	<u>2010</u>	88,00	<b>305,0</b>	<b>197,00</b>
<u>3</u>	Adalmir Bonomini Jr	Brusque Altivo	<u>2009</u>	80,40	<b>275,0</b>	<b>187,17</b>
<u>4</u>	Pedro F Santana	Universe Fitness	<u>2010</u>	104,40	<b>311,5</b>	<b>186,53</b>
<u>5</u>	Francisco Teles	Teles Fitness	<u>2009</u>	108,30	<b>315,0</b>	<b>186,29</b>
<u>6</u>	Leonardo Negri	Iron Up	<u>2007</u>	107,50	<b>311,0</b>	<b>184,36</b>
<u>7</u>	Anderson L da Silva	ABP	<u>2010</u>	75,00	<b>255,0</b>	<b>181,71</b>
<u>8</u>	Jair Felipe Quirino	Califórnia Center	<u>2009</u>	51,30	<b>182,5</b>	<b>181,66</b>
<u>9</u>	Diego Fernando	Universe Fitness	<u>2011</u>	93,00	<b>285,0</b>	<b>179,04</b>
<u>10</u>	Daniel A S Júnior	New Corpore	<u>2010</u>	80,40	<b>260,0</b>	<b>176,96</b>
<u>11</u>	Rudi Vieira	Rudi Bambam	<u>2011</u>	91,10	<b>275,0</b>	<b>174,49</b>
<u>12</u>	Turnambey C Delvons	ABP	<u>2010</u>	101,80	<b>287,5</b>	<b>173,77</b>
<u>13</u>	Adilson Teixeira	Universe Fitness	<u>2008</u>	80,40	<b>255,0</b>	<b>173,55</b>
<u>14</u>	Henrique Duggen	Duggen Team	<u>2008</u>	117,00	<b>300,0</b>	<b>173,55</b>
<u>15</u>	Tácio Gabus de Melo	Diego Fernando	<u>2006</u>	100,90	<b>280,0</b>	<b>169,79</b>
<u>16</u>	Leonardo P Guimarães	Universe Fitness	<u>2009</u>	104,30	<b>280,0</b>	<b>167,72</b>
<u>17</u>	Natanael Spredemann	ABP	<u>2010</u>	80,60	<b>245,0</b>	<b>166,48</b>
<u>18</u>	Silvio Padilha	Vital	<u>2008</u>	124,50	<b>280,0</b>	<b>159,68</b>
<u>19</u>	Giancarlo Schoeder	Teles Fitness	<u>2009</u>	119,30	<b>275,0</b>	<b>158,32</b>
<u>20</u>	Carlos Siqueira Jr	Teles Fitness	<u>2007</u>	92,00	<b>245,0</b>	<b>154,72</b>
<u>21</u>	Silvane Leite Correa	Silvane Fitness	<u>2005</u>	89,30	<b>240,0</b>	<b>153,84</b>
<u>22</u>	Decio Correa	Saude e Cia	<u>2005</u>	97,80	<b>250,0</b>	<b>153,55</b>
<u>23</u>	Bruno dos Santos	Associação SBS	<u>2011</u>	60,40	<b>180,0</b>	<b>152,59</b>
<u>24</u>	José Rocha Neto	Iron Up	<u>2009</u>	80,90	<b>225,0</b>	<b>152,53</b>
<u>25</u>	Antonio Benhur Matheussi	Universe Fitness	<u>2008</u>	98,70	<b>247,5</b>	<b>151,42</b>



## Top 25 - Agachamento Maior

Prof.: Diego Fernando

<u>Atleta</u>	<u>Equipe</u>	<u>Ano</u>	<u>Peso</u>	<u>Total</u>	
<u>1</u>	Francisco Teles	Teles Fitness	<u>2009</u>	108,30	<b>315,0</b>
<u>2</u>	Pedro F Santana	Universe Fitness	<u>2010</u>	104,40	<b>311,5</b>
<u>3</u>	Leonardo Negri	Iron Up	<u>2007</u>	107,50	<b>311,0</b>
<u>4</u>	Thiago Grahl	Associação SBS	<u>2010</u>	88,00	<b>305,0</b>
<u>5</u>	Henrique Duggen	Duggen Team	<u>2008</u>	117,00	<b>300,0</b>
<u>6</u>	Turnambey C Delvons	ABP	<u>2010</u>	101,80	<b>287,5</b>
<u>7</u>	Diego Fernando	Universe Fitness	<u>2011</u>	93,00	<b>285,0</b>
<u>8</u>	Tácio Gabus de Melo	Diego Fernando	<u>2006</u>	100,90	<b>280,0</b>
<u>9</u>	Leonardo P Guimarães	Universe Fitness	<u>2009</u>	104,30	<b>280,0</b>
<u>10</u>	Silvio Padilha	Vital	<u>2008</u>	124,50	<b>280,0</b>
<u>11</u>	Adalmir Bonomini Jr	Brusque Altivo	<u>2009</u>	80,40	<b>275,0</b>
<u>12</u>	Rudi Vieira	Rudi Bambam	<u>2011</u>	91,10	<b>275,0</b>
<u>13</u>	Giancarlo Schoeder	Teles Fitness	<u>2009</u>	119,30	<b>275,0</b>
<u>14</u>	Daniel A S Júnior	New Corpore	<u>2010</u>	80,40	<b>260,0</b>
<u>15</u>	Anderson L da Silva	ABP	<u>2010</u>	75,00	<b>255,0</b>
<u>16</u>	Adilson Teixeira	Universe Fitness	<u>2008</u>	80,40	<b>255,0</b>
<u>17</u>	Alexandre Weiss	Associação SBS	<u>2010</u>	130,60	<b>255,0</b>
<u>18</u>	Leandro Maccari	Universe Fitness	<u>2010</u>	65,20	<b>250,0</b>
<u>19</u>	Natanael Spredemann	ABP	<u>2011</u>	85,60	<b>250,0</b>
<u>20</u>	Decio Correa	Saude e Cia	<u>2005</u>	97,80	<b>250,0</b>
<u>21</u>	Antonio Benhur Matheussi	Universe Fitness	<u>2008</u>	98,70	<b>247,5</b>
<u>22</u>	Carlos Siqueira Jr	Teles Fitness	<u>2007</u>	92,00	<b>245,0</b>
<u>23</u>	Silvane Leite Correa	Silvane Fitness	<u>2005</u>	89,30	<b>240,0</b>
<u>24</u>	Gustavo M Monteiro	Diego Fernando	<u>2007</u>	93,00	<b>240,0</b>
<u>25</u>	José Rocha Neto	Iron Up	<u>2009</u>	80,90	<b>225,0</b>